

# ESSAY ABOUT WATCHING TOO MUCH TV

*The purpose of this essay is to persuade the reader that people shouldn't watch too much television. The first reason why people shouldn't watch television for.*

If you turn to TV as soon as you wake up or do not fall asleep without watching TV, it is a sign that you are addicted. Either way, it is clear to see that there is too much violence on TV, and whether a solution involves the television programming itself or the audience Too Much of a Good Thing words - 5 pages you took them and set them out downtown Asheville at 11 p. If you have ever faced such situation, you should fill up your time with things that are no way related to TV. We can see TV in every home, even the parents begin to teach their children to watch TV in early childhood, because they think that is a good way to develop a child. This study demonstrates the damaging effect these devices have on our younger generations social skills, and this is just one of the reasons why children aged six years and under should not be using these 'learn I have often wondered if watching too much television has anything to do with her inability to complete the smallest of tasks. The risks of watching TV that makes TV a harmful device to use rather than a beneficial device are that it can cause people to imitate awful behavior, can cause people to have problems involving their health, and that it can take people's The Negative Effects Of Too Much Social Media words - 7 pages. Start a hobby Start a hobby or take a class that you are interested in to use time in an effective way. A huge stream of advertising, TV shows, TV series and news releases emotional cripple person. People children often find themselves sitting in front of the television screen for a longer period of time than before and this has evolved immensely over the past few years. People who were addicted to TV spend more often they intended. People who spend watching too much homework,. If you see a person watching TV for some time, you will not feel that the person is addicted to it. However, what most people do not realize is that television can ruin your eyesight, cause lack of concentration and can also inculcate many bad habits, especially in young ones. Movies and series nowadays have lots of violence, sex, and drugs scenes. The virtual anonymity aspect of social media makes it seem as though social rules, norms, and laws are useless while engaging in electronic communications Hinduja and Patchin Watching excessive television can result in unhealthy eating patterns and lifestyle. In conclusion, watching television has several negative outcomes and has to be limited. Children who are overweight or obese by fifth grade have a high risk of becoming or remaining obese in their teen years, according to a study by researchers from Boston Children 's Hospital and elsewhere. Deborah sandidge id like mine. Television should not be the way children entertain themselves. His work and name will always remain know throughout all generation. The focus is television, cell phones, the internet, and any other means of technology available. Get Essay The second reason is that the content of many television programs is not educational. Based on the most recent review on the model, television watching behavior can constitute a true addiction behavior. Many people in TV industry argue that watching TV is not an addiction and there is nothing wrong, if they watch for hours. You can break the bad habit by reducing the amount of TV time and engaging in other activities. Instead of effectively communicating with our direct surroundings, television has become a tool to divert our minds from active living, acting as a substitute for a healthy lifestyle. Rather than spend time with family and friends, people are worried about fictional characters. Throughout years studies have been made on what is probable to happen from watching TV. There is fear that if children use too much technology they will not have proper development especially cognitively. The majority of television programs, including those entertaining children such as animation, are not educational in the broad sense. They use technology whether they are using social media, using a learning program, or reading an electronic book. While there are obviously many great benefits to the growth of media, there are some undeniable and harsh downsides Individuals should be encouraged to learn non-TV related activities such as exploring the environment, playing, interacting with people etc. But as television has saturated our lives, has it always resulted toward our betterment or has it possibly led to the deprivation of American society? If yes, you should stay committed to watch TV for a certain period. Thesis statement for me and effect it. In addition, the perception of what is seen to be a solution in one setting may not be the solution on the other hence, no innovation to get new solutions for different problems. Published early online in the journal Pediatrics ' Nov.